

Aktueller Stundenplan Sommer/ Herbst 2020

Montag:	09.00- 10.00	Pilates
	10.10- 11.25	Yin Yoga
	17.30- 18.45	Power Yoga
	18.55- 19.55	Pilates
	20.05- 21.20	Medical Yoga
Dienstag:	09.00- 10.00	Pilates
	17.45- 19.00	Yin Yoga
	19.10- 20.20	Power Yoga
Donnerstag:	18.00- 19.00	Pilates
	19.10- 20.10	Pilates